

Rules and Regulations

The rules and regulations below are for the protection and benefit of members and their guests. We hope that Club users will adhere to the spirit and the letter of these rules, regulations and courtesies.

I. General

A. The use of any Club facility shall be limited to those hours posted on the premises, or as otherwise stipulated. All facilities of the Club are to be used at the risk of the member or guest.

B. The club and its facilities have been provided for the enjoyment of Club members. Guests are welcomed within the limits described below and must also abide by these rules. Guests shall always be accompanied by a Club member, who shall be responsible for the guests' behavior while on the Club property.

C. The general rules are as follows:

1. The club will not be responsible for loss or damage to personal property.
2. The cost of any damage to Club property caused willfully or as a result of failure to obey Club rules will be charged to the responsible member of the Club and will be charged to the sponsoring member if the person responsible for damage is a guest.
3. Alcoholic beverages are not permitted on Club property, except on special occasions authorized by the Board of Directors.
4. Personal radios, recorders, or CD players are not permitted, unless used solely with earphones. [5/99]
5. No skateboards or roller blades will be allowed on pool property. [5/99]
6. Bikes must be placed in the bike rack next to driveway and are not allowed on any walkways or grassy areas. [5/99]

II. Parking

The existing parking spaces are intended to serve members living outside Fox Mill Woods. Therefore, members from Fox Mill Woods are requested not to use parking facilities during weekends and holidays. Also, members are asked not to park along Black Fir Court as a courtesy to neighbors. [5/89]

III Swimming Pool and Bathhouse

A. Admission

1. No person shall use the pool unless it is officially open and guards are on duty.
2. All members and guests are required to show their Photo I.D. at the pool entrance.
3. Identification of members will be based upon a Photo I.D. system. Only those persons recognizable in the photograph will be considered members.
4. Members' children and guests between the ages of 9 and 13 (i.e. have passed 9th but not yet reached 13th birthday) shall be admitted without adult supervision only if they have passed the basic swimming test and the authorization has been signed. This fact will be recorded on the member's child's Photo I.D. by a blue dot. Guests between the ages of 9 and 13 who have passed the swimming test and have a signed authorization to swim without a parent must wear an I.D. band.
5. Children under the age of 9 must be accompanied by a parent or designated person 14 years of age or older while in the pool area. [5/99]
6. Baby sitters and nannies, accompanying members' children, are allowed in the pool area free of charge, provided they have written permission from the child's parents in hand or on file. [5/99]

B. Guests

It is the general intent of the Club that the residents of Fox Mill Woods be encouraged to join as co-owners and full participants in Club activities. Therefore, residents of Fox Mill Woods who are not members will not be permitted as guests of member households.

1. No member family shall have more than four (4) guests or one guest family unit on the Club property at any one time. An exception may be granted in consultation with the Pool Liaison.

2. Guests of members shall be admitted subject to fees set by the Board.
3. Guest coupons may be purchased from the gatekeepers. Any checks should be made payable to Fox Mill Woods Swim & Tennis Club, Inc.
4. Houseguests of members, who will be visiting for an extended period of time, may use all of the facilities for a reduced charge. Application forms and fee schedule are available at the pool office.
5. Guests must be signed into the register provided. Guests not attired in bathing suits may be admitted without charge, but must be registered by the sponsoring member. [5/94]

C. Rules

1. The pool manager, assistant manager and lifeguards are in charge of the pool and are authorized to enforce the Club rules. The pool manager on duty shall have authority to close the pool area in the interest of health or safety when weather or other conditions dictate. Members and guests shall not question the authority of the lifeguards or attendants. All complaints shall be made to the pool manager or assistant manager on duty. If the complaint is unresolved by the above process, contact the Pool Liaison. [5/99]
2. All bathers shall take a shower in the bathhouse before entering the pool. [5/99]
3. Any person who has a skin disease, nasal or ear discharge, inflamed eyes or any communicable disease or who is wearing any kind of bandage will not be permitted in the pool.
4. All persons shall stay clear of the lifeguard stand.
5. Articles of food, including candy and gum, are prohibited in the pool enclosure. However, non-alcoholic beverages in non-glass containers are permitted within the pool enclosure.
6. Glass containers are not allowed in the pool area.
7. Individuals wearing street shoes are not allowed in the pool area.
8. Smoking is prohibited in the pool area, bathhouse or in the playground area. [5/99]
9. Profanity is not allowed. [5/99]
10. Running, pushing, wrestling, ball playing or causing undue disturbances which are considered by the manager, assistant manager, or lifeguard to be detrimental to the health or safety of members or their guests are prohibited in the pool area. At the discretion of the manager, ball playing may be permitted. [5/99]
11. Swimming equipment (preservers, noodles, masks, fins, and snorkels) may be permitted during low usage times at the discretion of the manager.
12. A rest period of fifteen minutes each hour will be called. All children under age 16 shall leave the pool until rest period has been terminated. Children under the age of one and in the arms of their parents may be permitted to stay. [5/99]
13. Any person unable to demonstrate to the lifeguards their ability to pass the basic swimming test is not permitted in water beyond chest deep. [5/89] The basic swimming test shall consist of:
 - a. Swimming the length of the pool non-stop with a recognized stroke; and,
 - b. floating and/or treading water for a one-minute period.
14. Not pets will be permitted in the pool area.
15. Playpens, strollers and baby carriages may be permitted in areas designated by the manager.
16. Rules specifically for children:
 - (a) Toddlers who are not toilet trained are required- o wear diapers/pampers and, protective rubber pants under their swimsuit.
 - (b) Children under the age of 6 must have a supervising adult within arms length at all times while in the pool, unless they have passed the basic swimming test.

(c) Only children under the age of 6 and supervising parents are permitted in the wading pool. Children in the wading pool must be attended.

(d) Children who have not passed the basic swimming test may not use the diving board.

(e) Children under the age of 16 are requested not to use the lounge chairs.

17. Diving Rules:

(a) Only one person on the board at one time.

(b) No dive shall be made until the previous diver has cleared the area.

(c) No dive may be made from the side of the board or in a direction other than forward. (This does not prohibit any standard dive made while facing the board.)

(d) No horseplay allowed.

(e) Divers shall swim out of the area as soon as possible.

(f) No facemasks are permitted while diving. [5/89]

(g) Jumping/diving into the diving areas from poolside is prohibit

18. Proper attire is required in the pool. "Cutoffs" are not allowed.

19. Parties are allowed during regular pool hours. The following rules apply:

(a) A one-week notice must be made with the Pool Liaison to availability and safety.

(b) Regular guest fees apply.

(c) If the pool management determines an additional guard is needed a \$15.00 per hour charge will be assessed. [5/99]

(d) Clean-up is required or \$50.00 will be charged. If Pool & Tennis Pavilion are used \$100.00 will be charged. [5/08]

20. Photo I.D.

(a) All members 5 years of age and older will need a Photo I.D.

(b) The Club will pay for the first Photo I.D. and re-pictured cards required by the Rules and Regulations. However, replacement Photo I.D. card will cost the member \$10.00. [5/94]

IV. Tennis Court Rules

A. General

1. The tennis enclosure is to be used only for tennis play and instruction. For safety, babies and toddlers are restricted from the courts during play.

2. Only 4 people are allowed on each court at one time, except during lessons.

3. Admission to the courts is controlled by a key system. A gate key as well as a light key for evening tennis may be obtained from the Tennis Liaison.

4. The tennis courts may be used May 1 through September 30 from 8 a.m. until 10 p.m. During the winter season, October 1 through April 30, the hours are 8 a.m. until 8 p.m.

5. During weekdays and during open court time, evening, weekend and holidays:

- (a) Play is for one hour for singles and two hours for doubles. [5/99]
 - (b) Tennis courts may be reserved via sign-up sheet from May 1 through August 31. [5/99]
 - (c) Players must relinquish the court to oncoming groups immediately at the hour.
 - (d) Courts change on the hours. [5/99]
6. Juniors under the age of 16 are limited to play before 5 p.m. on weekdays, except during regularly scheduled lessons and all day on weekends and holidays, unless: [5/99]
- (a) They are playing with an adult (16 years or older). [5/99]
 - (b) There is available court space and no adults are waiting to play. Juniors will relinquish the court when requested by the adult.
7. Soft-soled, non-cleated athletic shoes are required. Jogging shoes are not acceptable.
8. No smoking or food is allowed in the tennis court area.
9. Members are to ensure that the gates are kept locked at all times.
10. The cost of repairs of any property damage will be charged to the responsible party, the parents if the person is a junior or the sponsoring member if the person is a guest.
11. Courts are to be used for Tennis only by members and their guests. [5/99]
12. Tennis rules or etiquette and common courtesy should be observed at all times on the courts.

B. Reserved Courts

1. A reservation system is used from May 1 to August 31. [5/99]
- (a) Courts 2, 3 and 4 can be reserved. Court 1 is reserved for the tennis pro.
 - (b) Reservations will be by sign-up sheets, which will be posted at the courts.
 - (c) A 10-minute delay will be accepted for occupying a reserved court. After that time, the court is free for open play for the remainder of the hour.
 - (d) Only one date and time may be signed-up for at a time. [5/99]
 - (e) Team matches, lessons and practice sessions have priority over random play. [5/99]

C. Guests

1. No admission for Fox Mill Woods residents who are not members of the Club.
2. One half of all players on the court must be a Club member.
3. While guests play without fee, members are expected to use discretion in the number of times he/she plays with the same guest,

D. Professional Instruction

1. Court 1 will be made for members who arrange for tennis instruction.
2. Only club members or their houseguests may receive instructions on the courts.

E. Tennis Light Rules

1. Hours of Operation are as follows: 8:00 a.m. until 8:00 p.m. - October 1 through April 30; 8:00 a.m. until 10:00 p.m. - May 1 through September 30. Admittance to the courts prior to and/or after these hours is prohibited by Fairfax County.

2. The lights can be turned on 30 minutes before sundown.

3. Courts 3 and 4 are separately keyed. Courts 1 and 2 turn on/off together. [5/99]

4. Begin lighting with Court 3 and 4 then Courts 2 and 1 [5/99]

5. Do not linger at the courts or on Club grounds after 10:00 p.m. (8:00 p.m.). You are trespassing if you do, and will be creating a potential complaint that could adversely affect the Club and light operation.

6. Juniors (under age 16) may only play under the lights with adult supervision.

7. While playing at night, noise must be minimized at all times. No loud talking, yelling, profanity, exclamations, etc. No radios or boom-boxes are allowed (Please help-our continued use of the lights for these hours is at stake.)

8. Courts change on the hour. Normal sign-up rules apply. [5/99]

9. It is important to minimize the number of ON-OFF-ON cycles of the light system. Therefore, when courts change, arrange a key swap with the people going on (or staying on) so that a key stays in and the lights remain ON.

10. Anyone conducting themselves in a manner which, in the opinion of another member, a member of the Tennis Committee and/or Board of Directors, is potentially damaging in terms of complaints to officials of the County or the Police, will be subject to immediate and indefinite suspension of playing privileges.

11. This is your Club. Please help by abiding by these rules. [5/99]

12. Violations Of the rules and/or problems with the lights should be immediately reported to the Tennis Liaison Board Member. [5/99]

V. Rule Changes

The Board of Directors may modify the rules temporarily for a special event (swim meet, tennis match, party, etc.) The Board will consider permanent changes whenever given a written suggestion by a member. The operation rules may be revised as required by the Board.